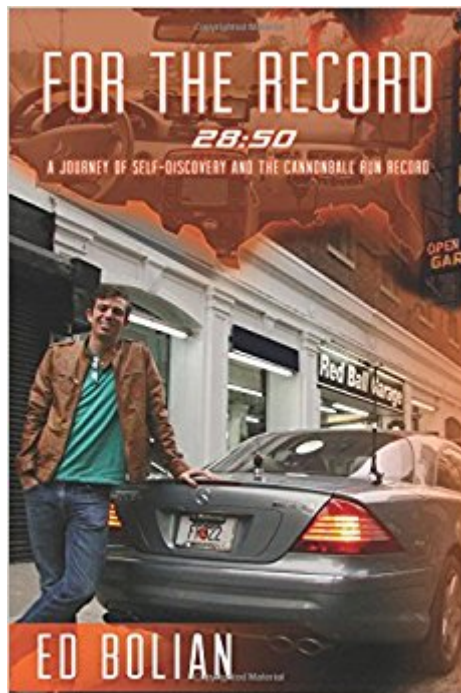




**Ebook Directory**  
the best source of ebook

The book was found

# FOR THE RECORD: 28:50 A Journey Toward Self-discovery And The Cannonball Run Record



## Synopsis

Speed, supercars, horsepower, anti-police countermeasures, and an epic pursuit of a childhood dream collide on a literal and figurative drive that leads a man to spend every available dollar chasing a record. Ed Bolian's memoir recounts his path from a conversation in high school with Cannonball Run founder, Brock Yates, to setting the fastest time ever for driving from New York to Los Angeles. The journey explores goal setting, criminal psychology, and spirituality. Join Ed in the pursuit of finding your true purpose and using what makes you unique to achieve something extraordinary.

## Book Information

Paperback: 336 pages

Publisher: Independently published (January 4, 2017)

Language: English

ISBN-10: 1520341032

ISBN-13: 978-1520341033

Product Dimensions: 6 x 0.8 x 9 inches

Shipping Weight: 1.3 pounds (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars 14 customer reviews

Best Sellers Rank: #124,779 in Books (See Top 100 in Books) #33 in Books > Engineering & Transportation > Automotive > History #148 in Books > Engineering & Transportation > History

## Customer Reviews

There are only a few books that are primarily about Cannonball. Brock Yates, Alex Roy and now Ed Bolian have written down their story. This is more than the autobiography of a driven man, it is the inside details, the nitty gritty how to of underground long distance outlaw racing.

....but he beat the Cannonball record. Ed wrote in a very vulnerable and detailed manner about everything that brought him to the decision of going for it and how he set the record.

If you have ever contemplated the prodigious effort necessary to take on something like the Cannonball, this is the best accounting, not of just war stories, but the physical and mental preparation to be the record holder. It joins the ranks of must reads if chasing the sun to the Portofino

Super read about a record that many over the years has tried, yet failed again and again. Ed's account of the trip is extremely detailed and his words flow with the eloquence of Brock Yates, Sr. the creator of the Cannonball Baker Sea to Shining Sea Memorial Trophy Dash. I own and have read Yates' book Cannonball as well as Alex Roy's book The Driver multiple times and I'm sure this will be another that is read at least once a year. My biggest enjoyment of the book is his repeated references regarding his relationship with God. He pulled no punches with talking about his faith and that is to be commended. Thank you Ed for taking me on this super fast page turning adventure!

Really great story! So glad you chased your dream Ed Bolian! I laughed, cried and cheered you on while reading. A book that keeps your interest to the end.

Great read, couldn't set it down. Would love the opportunity to line up next to Ed on the 2904 rally

Great story written well

A good fast read. Entertaining and exciting.

[Download to continue reading...](#)

FOR THE RECORD: 28:50 A journey toward self-discovery and the Cannonball Run Record Start and Run Your Own Record Label, Third Edition: Winning Marketing Strategies for Today's Music Industry (Start & Run Your Own Record Label) Self Help: How To Live In The Present Moment (Self help, Self help books, Self help books for women, Anxiety self help, Self help relationships, Present Moment, Be Happy Book 1) Discovery Map 85: Cork Kerry (Discovery Maps): Cork Kerry (Discovery Maps) (Irish Discovery Series) Confidence: How to Build Powerful Self Confidence, Boost Your Self Esteem and Unleash Your Hidden Alpha (Confidence, Self Confidence, Self Esteem, Charisma, ... Skills, Motivation, Self Belief Book 8) Self Love: F\*cking Love Your Self Raise Your Self Raise Your Self-Confidence (Self Compassion, Love Yourself, Affirmations Book 3) A Teen's Self-Discovery Workbook in Astrology (Self-Discovery Workbooks in Astrology 2) Runner's World Run Less, Run Faster: Become a Faster, Stronger Runner with the Revolutionary 3-Run-a-Week Training Program Super Mario Run: Diary of Super Mario: Super Run for coins! (Unofficial Super Mario Run Book) Cannonball Adderley - Omnibook: For E-flat Instruments Cannonball Adderley - Omnibook: For B-flat Instruments The Atkins Journal: Your Personal Journey Toward a New You, A 120-Day Record Ebersole & Hess' Toward Healthy Aging: Human Needs and Nursing Response, 8e

(TOWARD HEALTHY AGING (EBERSOLE)) Ebersole & Hess' Toward Healthy Aging - E-Book:  
Human Needs and Nursing Response (TOWARD HEALTHY AGING (EBERSOLE)) Toward Healthy  
Aging: Human Needs and Nursing Response, 7e (Toward Healthy Aging (Ebersole)) NAVY SEAL:  
Self Discipline: How to Become the Toughest Warrior: Self Confidence, Self Awareness, Self  
Control, Mental Toughness (Navy Seals Mental Toughness) Ladies Like Us: A modern girl's guide  
to self-discovery, self-confidence and love (The Darling Academy Book 1) High Price: A  
Neuroscientist's Journey of Self-Discovery That Challenges Everything You Know About Drugs and  
Society (P.S.) High Price: A Neuroscientist's Journey of Self-Discovery That Challenges Everything  
You Know About Drugs and Society The Road Back to You: An Enneagram Journey to  
Self-Discovery

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)